

TUNA

SOUP

Beans

FRUIT

Tomatoes

Peanut Butter



# Host a Food Drive for MEND



MEND provides food to approximately 25,000 people each month. Help us meet the needs of our clients by organizing your own food drive today!



Items we need include:

- Pull top canned meats (chicken, tuna)
  - Pull top canned soups
  - 1-2 lb bags of beans
  - 1-2 lb bags of rice
  - Peanut butter or other nut butters
  - Fruit cups
  - Power/granola bars
- No glass containers, please*

**For more information, please contact  
Adam Brooks, Foodbank Manager  
adam@mendpoverty.org or (818) 686-7334**



With dignity and respect, powered by volunteers, MEND's mission is to break the bonds of poverty by providing basic human needs and a pathway to self-reliance.

[www.mendpoverty.org](http://www.mendpoverty.org)