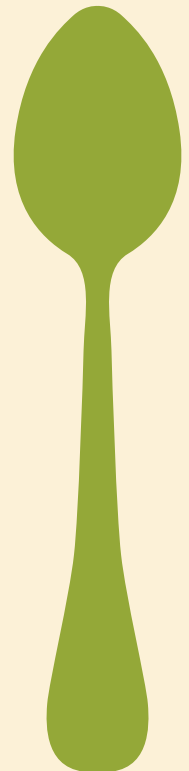




Many families live in poverty and are unable to celebrate Christmas. A simple way to bring Christmas to these families is donating to help feed those in need.

**Food Drives make all the difference!**

Help make a difference for thousands of families in need this holiday season.



**Items we need the most are:**

- Rice (2 lb bag)
- Canned Juices
- Canned Vegetables
- Ground Coffee
- Canned Fruit
- Peanut Butter
- Oatmeal
- Canned Tuna
- Pinto beans (2 lb bag)
- Canned Tomatoes
- Canned Soup (all kinds)
- Spaghetti



With dignity and respect, powered by volunteers, MEND's mission is the break the bonds of poverty by providing basic human needs and a pathway to self-reliance.

[www.mendpoverty.org](http://www.mendpoverty.org)